



**NUTCRACKER ON ICE**  
**The 36th annual Nutcracker On Ice will be presented December 1-3, 2023** Any skater enrolled in any freestyle class plans (both Fall terms) or in All You Can Skate may participate. Rehearsals begin mid-October.

## Freestyle Practice & Stoking Pass

*Note: This does not entitle skater to take private lessons.*

10 sessions of your choice, practices or stroking classes, for \$ 119.00!



**Freestyle Stroking Classes:**  
**Mondays 5:45 p.m.**  
**Wednesdays 5:45 p.m.**  
**Saturdays 6:30 & 11:00 a.m.**

*For Practices, see "Private Lessons & Practice Ice"*  
**Drop-in price for stroking and practices: \$ 14.00**

**CALENDAR** The calendar may change - check our web site for latest updates!

Fall #1:	Aug. 7-Sept. 30	8 weeks
No classes the week of the Chalet Showcase Competition		
Fall #2:	Oct. 9-Nov. 18	6 weeks
Holiday School:		
	Dec. 21-23, 26-20, Jan. 1-3, 6	12 days
Winter:	Jan. 8-March 9	9 weeks
Spring:	March 18-April 27 and May 6-25	9 weeks
No classes ProSkaters Weekend or RU Competition Week		

## Let's Compete!

Oct. 6-8 Chalet Showcase Competition  
 Mid-Winter -- at least one out of town competition  
 May 3-5 55th Annual Robert Unger Competition

## Membership Plans Available!

We offer a monthly membership for Free-style level skaters that covers one freestyle skills class per week and one stroking class per week. This is a year-long plan divided into 10 monthly payments. If you wish to cancel your monthly contract, you must notify us in writing 15 days prior to the cancellation date.  
*See Registration Form for details.*



## Theatre On Ice Kaleidoskate Production Team

(All Ages & Levels)  
**Theatre On Ice:**  
**Fridays 6:30-7:00 p.m.**  
**(Fall Term)**  
**Fridays 6:15-7:00 p.m.**  
**(Winter & Spring Terms)**  
**Kaleidoskate:**  
**Sundays 12:00-12:45 p.m.**  
**Production Team:**  
**Sundays 8:00 a.m.**



It's all about Show Skating!  
 Be a part of our production numbers for the Winter competition and our show in the Spring. Note: No practices during Nutcracker season.

## ProSkaters Weekend

TBA

There will be no classes or practices the weekend of the ProSkaters Performance Camp and Auditions!



## Ice Chalet

100 Lebanon Street, Knoxville TN 37919  
 tel 865-588-1858  
 icechalet@chaleticerinks.com  
 www.chaleticerinks.com

*Celebrating 60 Years of Ice Sports!*

# Advanced Skating



**Freestyle Skaters**  
*Advanced, Synchro & Dance*  
**2023-24 Season**  
**August - May**

*Home of the Robert Unger & Larry LaBorde School of Ice Skating*





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## 2023-2024 Advanced Skating Freestyle -- Synchro -- Dance

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### Saturday Morning Classes (All Ages)

5:30-6:00 a.m.	Freestyle Practice
6:00-6:30 a.m.	Freestyle 5-10 Classes
6:30-7:00 a.m.	Freestyle 5-10 Stroking Class
7:00-7:45 a.m.	High Dance Class
7:45-8:45 a.m.	Synchronized Skating Teams Sr. Youth/Teen & Teen/Collegiate

8:45-9:00 a.m.      *Resurface*

9:00-10:00 a.m.	Ice Dance Class - levels 1-4
10:00-11:00 a.m.	Freestyle 1-4 Classes (30 min. class; 30 min. practice)

11:00-11:30 a.m.	Freestyle 1-4 Stroking Class 11:30-11:45 a.m. <i>Resurface</i>
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### Monday Freestyle (FS 1-4) (All Ages)

#### Mondays, 5:45 - 7:45 p.m.

5:45-6:15 p.m.	Freestyle Stroking Class (All Levels)
6:15-6:45 p.m.	Freestyle Classes, Levels 1-4
7:15-7:45 p.m.	Practice Ice

### Wednesday Freestyle (FS 5+) (All Ages)

#### FALL, WINTER & SPRING TERMS:

#### Wednesdays, 5:45 - 6:45 p.m.

3:30-4:30 p.m.	Freestyle Practice
4:30-5:30 p.m.	Team Time/Freestyle Practice
5:45-6:15 p.m.	Freestyle Stroking (All Levels)
6:16-6:45 p.m.	Classes, Levels 5 and up

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### Ice Dancing - Saturdays

#### 9:00-10:00 a.m.      Dance 1-4

Improve your overall skating by learning to skate ice dance patterns to the tango, waltz, cha-cha, and more! Solo or with a partner, it's great for improving your overall skating skills!



### Synchro Skaters Show Team Spirit!

#### Schedule

Plan to attend a competition in mid-Winter as well as our annual competition in Knoxville each Spring. If a skater is unable to participate in a competition, he/she will train as an alternate and may skate at the Knoxville competition at the coach's discretion. Alternates are expected to attend all practices. Minimum of 24 weeks attendance is required out of the total 30 weeks of practices: Aug.-Nov., Jan.-April.

Skating in unison to music, skaters strengthen their skating skills while enjoying & learning a team sport.

- ◆ **Formation:** Forward skating, backward skating on two feet, and two-foot turns while executing various formations such as pinwheels, circles, lines, etc.
- ◆ **Skating:** Forward and backward steps, backward splicing, backward spoke wheels, and lines/circles with intricate footwork. Unison, cleanliness & speed!
- ◆ **Dance:** Dance steps and skating moves.
- ◆ **Open:** More flexibility with choreography.

The number of teams and team assignments will depend on enrollment. Ultimately, the team assignments will be determined by the skating school management and the team coaches. There is a place on a team for every skater. Factors include speed and power, maturity, and uniformity. Skill level is relevant, but it is not a deciding factor.



### Tentative Practice and Team Divisions: (Composition & levels may change based on enrollment.)

5:45 p.m. Friday	Junior Youth/Youth
7:45 a.m. Saturday	Teen/Senior Youth and Teen/Collegiate
5:45 p.m. Friday	Adults (Jan-April, only)

Additional practices may be needed prior to performances.



All the ice time you could ask for -- one monthly fee all season long! (10 months)

*Theatre On Ice/Kaleidoskate/Production Numbers and Synchronized Skating Are Included!  
(Costume/prop fees are included, too)  
Summer School is priced separately at an even better deal -- check out the Summer Super Pass!*

#### Plan Includes:

- ◆ On-Ice Group Skills Classes: Freestyle, Dance, Special Figure/Pair Classes, etc.
- ◆ Any Regular Freestyle Practices
- ◆ Stroking Sessions Appropriate for Skater's Level
- ◆ Public Sessions for \$ 2.00/visit
- ◆ Holiday School
- ◆ 20% off Robert Unger Competition Entry Fees
- ◆ Off-Ice Conditioning Classes
- ◆ Synchronized Skating Team
- ◆ Theatre On Ice (Fall, Winter, and Spring)
- ◆ Kaleidoskate (Fall, Winter, and Spring)
- ◆ Production Team (Fall, Winter, and Spring)
- ◆ Ice Sports Industry Membership!
- ◆ Costume and Prop Fees!

This is a discounted payment contract designed for the full 10-month term. If you decide not to complete the full plan, you will be responsible for the full amount for all sessions that you could have attended up to that point.

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### Practice Ice & Private Lessons

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Available to students enrolled in regular skills classes! See our *Private Lessons & Practice Ice* brochure for details and our web site for more information about our instructors, [www.chaleticerinks.com](http://www.chaleticerinks.com).

*We reserve the right to cancel or to rearrange classes as warranted by enrollment.*