

# Practice Ice Registration Form

(Please print clearly)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Birthdate \_\_\_\_\_  Male  Female

E-mail address \_\_\_\_\_

I wish to sign up for the following:

- Freestyle Practice & Stroking Pass \$ 90.00**  
 Covers 10 practice sessions, 10 stroking classes, or  
 a combination of practice sessions and stroking classes.  
 (Not just for Freestyle skaters!) \$ \_\_\_\_\_

- Freestyle Practice Drop-In \$ 11.00** \$ \_\_\_\_\_

**Individual Public Session Pass** (skate rental not included)  
 23.00 (covers 5 public sessions) \$ \_\_\_\_\_

**Individual Public Session Pass "Plus"** (incl. skate rental)  
 40.00 (covers 5 public sessions) \$ \_\_\_\_\_

**Monthly Individual Public Session Pass**  
 \$ 60.00/mo. X 10 mos. (\$ 600.00) \$ \_\_\_\_\_

**Monthly Public Session Pass** (Any Month)  
 Family \$ 125.00/mo. \$ \_\_\_\_\_

**Summer Show:**  One routine \$ 25.00 \$ \_\_\_\_\_  
 Second routine \$ 15.00 \$ \_\_\_\_\_  
 Third routine \$ 10.00 \$ \_\_\_\_\_  
 Qty: \_\_\_\_\_ x  Costume/Prop Fee \$ 15.00 \$ \_\_\_\_\_

**ISI Membership** \$ 15.00/year \$ \_\_\_\_\_  
 Required for test registration and participation  
 in shows and competitions.

Total Payment \$ \_\_\_\_\_

**\$ 25.00 of your total is a non-refundable registration fee.**

*I skate at my own risk and hereby release the Ice Chalet,  
 its owners, and all personnel from all liability.*

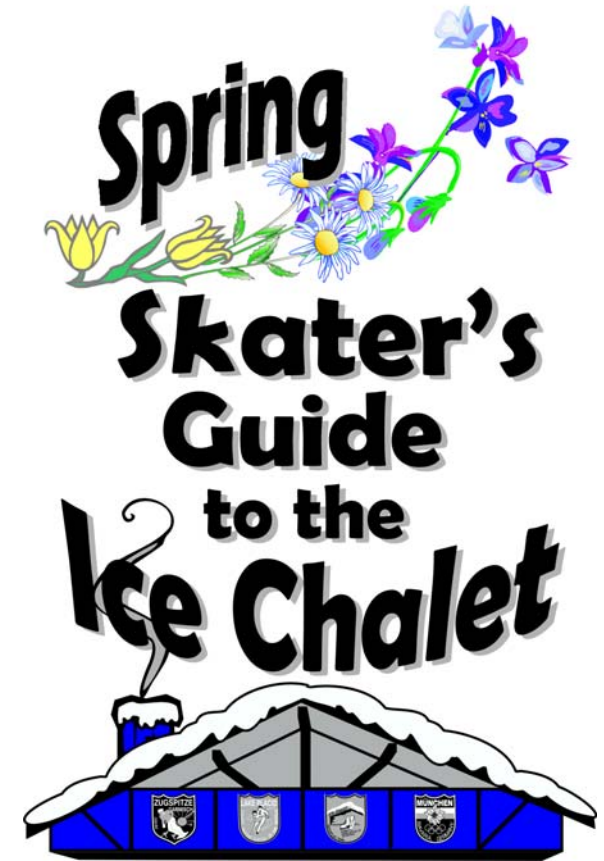
Signature of Parent or Skater \_\_\_\_\_

Date \_\_\_\_\_

Counter use: Amt. paid: \_\_\_\_\_ Date: \_\_\_\_\_ Initial: \_\_\_\_\_



**Chalet Ice Rinks, Inc.**  
 P.O. Box 10668  
 Knoxville TN 37939  
 (865) 588-1858



## Practice Ice & Skater's Guide

Spring 2014  
 April 14-June 3

## Ice Chalet

(Beside The Shops at Western Plaza)  
 100 Lebanon Street  
 Knoxville TN 37919  
 tel 865-588-1858 fax 865-588-7509  
 icechalet@chaleticerinks.com  
 www.chaleticerinks.com

# Welcome to the Ice Chalet and the Robert Unger School of Ice Skating!

Over the past 50 years, we have established a tradition of quality ice skating instruction and public ice skating entertainment. Thank you for visiting us!

## What is ISI (the Ice Skating Institute)?

Our lessons are based on the Ice Skating Institute's recreational ice skating program. Each test level serves as a building block for the next, so skating can be a *lifelong* hobby. All ages and all skill levels can be involved. Our Spring competition is the oldest continuously running ISI competition in the world. ISI membership is \$ 15.00/year and includes a quarterly magazine and supplemental insurance. **ISI membership is required for test registration as well as for participation in our shows and in ISI competitions.**

## What do we do in each class?

### Beginning and Advanced Tots

These classes are for ages 3-5. While playing games and singing songs, students learn proper falling, marching, gliding, and moving forward and backward. Gloves and a toboggan or helmet are recommended.

### Beginners (Pre-Alpha)

Beginner students learn balance and do simple glides and swizzles forward and backward. Anyone over age five who has never taken classes should start here.

### Alpha 1 & 2 (Advanced Alpha)

In Alpha, skaters learn forward stroking, forward cross-overs in both directions, and a simple snowplow stop.

### Beta 1 & 2 (Advanced Beta)

Students work on backward stroking and backward crossovers, plus a T-stop with each foot.

### Gamma

Students begin to work on turns (forward outside edge 3-turns and inside mohawks), as well as a hockey stop.

### Delta

Students work on inside edge 3-turns, forward edges, bunny hops, lunges, and shoot-the-ducks.

### Freestyle

There are ten levels with different jumps, spins, and footwork patterns.

### Ice Dancing

Skaters who have passed Alpha can learn to dance on ice! There are over 20 ice dances from the waltz to the tango!

## What should I wear?

Small children should always wear gloves/mittens and head protection of some kind. Skaters should wear only one, *thin* pair of socks -- this allows for a better skate fit.

## Freestyle Practice & Stroking Pass

\$ 90.00 for 10 sessions (\$ 9.00/session)

Attend any of our regularly scheduled freestyle practice sessions appropriate for your skill level or choose a stroking class instead. Skaters must check-in at the main counter! See "Freestyle" brochure for the stroking class schedule.

## Private Lessons

Private lessons can be helpful if you need some extra help preparing a program choreographed to music for testing, competitions, and exhibitions. Please refer to the "Private Lessons" brochure (available in the office) or our web site, [www.chaleticerinks.com](http://www.chaleticerinks.com).

## Freestyle Practice Sessions

*Not just for Freestyle skaters! These sessions are available throughout the year for beginner, intermediate, and freestyle skaters. Sessions may be limited to a specific number for safety.*

Days & Times

Spring

<b>Mondays</b> 3:45-5:30 p.m. <i>Beginner - Freestyle 3</i>	April 14-June 3 (except May 26)
<b>Tuesdays</b> 3:45-5:45 p.m. <i>Freestyle 1-10</i>	April 14-June 3 Including 2 test days*
<b>Wednesdays</b> 6:00-9:00 a.m. <i>All Levels</i>	April 14-June 3
<b>Thursdays</b> 6:00-9:00 a.m. (All Levels)	April 14-June 3
3:45-5:45 p.m. <i>Gamma-Freestyle 10</i>	
<b>Fridays</b> 6:00-9:00 a.m. <i>All Levels</i>	April 14-June 3
9:00-10:30 a.m. <i>All Levels</i>	April 14-June 3
<b>Sundays</b> 9:00-11:00 a.m. <i>Freestyle 4 &amp; up</i>	April 14-June 3
11:30 a.m.-1:30 p.m. <i>Basics - Freestyle 3</i>	April 14-June 3

Test Days for Freestyle, Dance, Pairs, etc. (subject to change):  
April 29 and May 20.

## Should I buy my own skates?

Skate rental is free with your lessons.

Having your own skates can speed up your progress. The Ice Chalet has figure and hockey skates for sale. You will receive a professional fitting and sharp blades at the time of purchase, as well as a public session pass good for five free admissions! Call ahead to make sure a qualified staff member is available to help.



## Individual Public Session Pass

\$ 25.00 for 5 sessions. Skate rental is extra.

## Individual Public Session Pass Plus

\$ 40.00 for 5 sessions. Skate rental is included.

## Monthly Individual Public Session Pass

\$ 60.00 per month. Season-long commitment, June.-March. Covers admission to all public sessions during the season.

## Monthly Family Public Session Pass

\$ 125.00/any month. For immediate family members; maximum of 5 persons.

## Be a part of our Summer Show!

Students enrolled for classes for the Spring and/or Summer term are eligible to participate in our Summer Show! **Saturday, July 26 at 5:00 p.m.**



Show Entry Fees:

One routine: \$ 25.00  
Second routine: \$ 15.00  
Third routine: \$ 10.00

Also:

Costume/prop fee of \$ 15.00 per group number.

These routines can include one solo number and up to two group numbers.

## Public Sessions

April 14-June 3, 2014

Monday	12-3:30 p.m.
Tuesday	12-3:30 p.m.
Wednesday	12-5:30 p.m.
Thursday	12-3:30 p.m. & 8:00-10:00 p.m.
Friday	12-5:30 p.m. & 7:30-10:00 p.m.
Saturday	2:00-10:00 p.m.
Sunday	2:00-5:30 p.m.

**Admission: \$ 6.00 Skate Rental: \$ 4.00**  
Age 5 & under: \$ 4.00 *Group Rates Available*