
Please talk to instructors at least two months ahead of time for competitions or tests!

- ◆ Skaters who want to compete need programs choreographed to music.
- ◆ Freestyle-level skaters must present a program to music, incorporating all the maneuvers of a particular level in order to pass that level.

Some skaters choose their own music and experiment with choreography, but we strongly recommend asking for help from an instructor. There are rules that must be carefully observed, such as duration and moves allowed. The music must be appropriate for the skater's age and skill level, and paced properly.

Regular Private Lessons

Most lessons are scheduled either weekly or bi-weekly, as many teachers have nearly full schedules during the busier times of the year. Programs are usually refined in private lessons at least once a week over several weeks. Repetition will help the skater do his/her best, especially younger skaters.

Occasional Private Lessons

Sometimes the skater just needs a little "boost" in confidence or work on a specific skill with individual attention, and this would be a "booster" lesson not taught on a regular schedule. Please make it clear to the instructor if you want weekly or just booster lessons.

Music Editing Prices

Generally \$ 15.00-20.00 for two CDs with 1-2 simple cuts. Please pay the teacher directly. For longer programs and/or complicated edits, the cost may be higher. Students should have at least one back-up CD.

Multiple Coaches & Changing Coaches

It's fine to engage the services of more than one instructor at a time, but please be sure that the coaches are aware of this and communicating with each other. It is helpful to designate which instructor is to concentrate on what programs, skills, dance, etc. If you decide to change instructors, please discuss this with the current instructor first as a courtesy and to avoid misunderstandings. Each of our instructors has something special to offer each skater, and this should be respected even though it may be time to move on to someone else.

Schedule Private Lessons with the Teacher of Your Choice (see reverse)



Private lessons are 20 minutes long and may be conducted during "freestyle" practice sessions or *uncrowded* public sessions. Admission to these sessions must be paid for separately from the private lesson compensation to the teacher. (Note: For lessons held during public sessions, use of the music box is allowed only with permission of the management.) You will enter into an agreement with the instructor, so please exchange contact information and clarify arrangements and expectations directly with the instructor. Be sure to specify whether you want regular, weekly lessons or just occasional "booster" lessons.

Private Lesson Prices

Generally \$ 16.00 to \$ 20.00, depending upon the teacher. Please pay the teacher directly. Each teacher has their own system of tracking and billing, so discuss this with the teacher when you schedule lessons for the first time.

Ice Time Must Be Paid For Separately

Whether lessons are scheduled during "freestyle" practice times or uncrowded public sessions, skaters must pay for the ice time separately from the private lesson itself and check-in at the counter. If you purchase the "All You Can Skate" package, all practices and public sessions are included!

Freestyle Practice Prices

(Open to Tots through Delta on certain days -- See "Skater's Guide & Practice Ice" brochure for details.)
\$ 9.00 if purchased in a package, \$ 12.00 for a drop-in. Early bird sessions (Tues-Fri) are one or two hours long; most other sessions are one hour long.

Cancellations

It is the skater's responsibility to notify the instructor of cancellations at least 24 hours ahead of time so that the instructor can schedule another student for the allotted time.

Who Can Take Private Lessons?

Students enrolled in our group lesson program may take private lessons. Any adult (18 years or older) may take private lessons without being enrolled in classes. Skaters visiting from out of town may take private lessons for a maximum of two weeks.



Private Lessons at the Ice Chalet

Our Instructors

All of our teachers are Professional Members of the international Ice Skating Institute. Each one serves a rigorous apprenticeship in our school before being assigned to classes. Please schedule lessons directly with the teacher of your choice!

Private lessons are available to students enrolled in our group lesson program!



Robert Unger
1925-2007

A native of Nuremberg, Germany, Robert Unger was a highly acclaimed skater who won titles in ice and roller skating championships in Europe. He was a featured performer in world-wide productions of *Holiday On Ice* and in European shows for 18 years before making his home in Knoxville in 1963. Also a master-rated teacher, he was a leader in the development of the Ice Skating Institute's recreational skating program.

Ice Chalet

100 Lebanon Street
Knoxville TN 37919
tel 865-588-1858 fax 865-588-7509
icechalet@chaleticerinks.com
www.chaleticerinks.com
Beside the Shops at Western Plaza

**Amanda Bates-Cloutier****Basics; Freestyle; Fitness \$ 18.00/lesson**
sk8ingrd@yahoo.com**Amanda** has passed ISI Freestyle 8 and Dance 5, and USFS Novice Free, Senior Moves & Bronze Dance. She is a Gold-level ISI Judge. Amanda is also a Registered/

Licensed Dietitian with a Masters degree in Clinical Nutrition.

**Jill Brehmer****Basics; Freestyle; Dance \$ 18.50/lesson**
jcbattist@gmail.com**Jill** began skating at the age of 8, competing and testing in the USFS system. She has passed USFS Senior Free, Senior Moves & Gold Dance. Jill previously taught skating in

Cleveland, OH. She holds a B.A. in Psychology (Dance minor) and an M.Ed. She is a Gold-level ISI Judge and PSA member.

**Laurel Brunell****Basics, Freestyle \$ 16.00/lesson**
laurelbrunell57@gmail.com**Laurel** grew up skating at the Ice Chalet and has appeared in many *Nutcracker On Ice* shows and ISI competitions over the years.

She passed Freestyle 7 and is a Silver-level certified judge. Laurel attended Disney University in Anaheim, CA.

**Kate Campbell****Basics; Freestyle; Synchronized \$ 17.50/lesson**
webb.kathryn.k@gmail.com**Kate** has participated in many shows and competitions, and is continuing her Dance and Freestyle training. She is an ISI

Gold-level & Synchro judge. She is also certified as an ISI skating instructor at the Core & Intermediate levels.

**Hannah Foust****Basics; Dance; Freestyle \$ 18.00/lesson**
hannah.m.foust@gmail.com**Hannah** began skating at the Ice Chalet in 2002. She has passed ISI Dance 10, Freestyle

4, USFS Pre-Gold Dance, three Gold Dances & Adult Gold Moves in the Field. Hannah has a B.S. in Business Admin. from the Univ. of Tenn. and a Masters from the Univ. of Alabama. She is also an ISI Gold-level judge.

**Lucie Krausova****Basics, Choreography \$ 18.50/lesson**
xkrausoval@yahoo.com**Lucie** has over 10 years of experience as a professional show skater, performing for Royal Caribbean Cruise Lines among others.

She was also an ISU World-level competitor. Lucie is certified as an ISI Bronze-level judge.

**Rebecca Mahooty****Basics \$ 16.00/lesson**
rvicecat@gmail.com**Rebecca** has passed Freestyle 6 in ISI and has participated in many ISI competitions and shows. She is a Bronze certified judge and instructor of core levels (Tots-Delta).**Lauren McHenry****Basics; Freestyle; Dance Synchronized \$ 18.00/lesson**
mchenry.lk@gmail.com**Lauren** passed USFS Senior Moves in the Field, Gold & International Ice Dance, and Novice Freestyle. She has been coachingsince 2005 and holds PSA Basic Accreditation and a B.A. in Psychology. Lauren toured 3 years with *Disney On Ice*.**Katelyn Moats****Basics \$ 15.00/lesson**
moats.katelyn@yahoo.com**Katelyn** has skated in many ISI shows and competitions since she started skating at the Ice Chalet as a young child. She has passed ISI Freestyle 5 and Free Dance 9. Katelyn is also a Bronze-level certified judge.**Devon Harman Renfro****Basics; Freestyle; Dance; Moves in the Field \$ 18.50/lesson**
devon.harman@yahoo.com**Devon** has passed ISI Freestyle 6 & ISI Dance 10, as well as USFS Junior Free Skating, Gold Moves in the Field, Gold Dance & Gold Free Dance. Devon is PSA-rated in

Freestyle, Moves in the Field & Sports Science. She is also a Gold-level ISI judge. Devon holds a B.S. degree from Carson-Newman.

**Nikki Copeland-Ronayne****Basics; Freestyle; Moves in the Field; Synchro \$ 15.00/lesson**
nikki.ronayne@gmail.com**Nikki** was a competitive ISI & USFS skater in her youth. She completed through her Novice level test and performed with *Holiday on Ice*. She has 20+ years of coaching experience in a

variety of disciplines.

**Mary Lu Shipstad****Basics, Freestyle, Pairs \$ 18.50/lesson**
luluship@icloud.com**Mary Lu** has over 15 years of professional show skating experience, including principal soloist for Disney on Ice and show director. She is a USFS Gold

Medalist in Figures and Freestyle as well as Pre-Silver in Ice Dancing. Mary Lu is an ISI Gold-level judge and Synchro-certified judge. She is also certified as a skating instructor in both the Core (Tots-Delta) and Intermediate (Freestyle 1-5) levels.

**Larry LaBorde**
Manager**Figures; Dance; Freestyle; Pairs; Couples; Moves in the Field \$ 20.00/lesson**
865-588-1858; cell 865-386-6869
llaborde@bellsouth.net**Larry** spent five years touring with *Holiday On Ice*, the U.S. tour that is now called *Disney On Ice*. He holds Master ratings in Group Instruction, Program Administration, and Sports Sciences Medicine, as well as Senior ratings in Dance and Freestyle and Certified ratings in Pairs, all in the Professional Skaters Association system. He holds the Registered rating in "Moves in the Field" is rated in Hockey I and II. Larry is a Gold Medalist in Ice Dance in the USFS system.**Julia Hardin**
Skating Director**Basics; Freestyle; Dance; Synchronized \$ 18.50/lesson**
funtoicesk8@gmail.com**Julia** was among Mr. Unger's first students, taking her first lessons at the Ice Chalet in 1963. She earned a law degree, served as associate dean at UT, and directed a national citizenship program before returning home to Knoxville. Julia is an ISI Gold-level & Synchro-certified judge as well as a certified Referee. She holds the basic accreditation & membership with PSA. She is also certified by ISI as an instructor at the Core (Tots-Delta) & Intermediate (Freestyle 1-5) levels.**Sarah Brown Bauguess****Test Chair**
Basics; Dance; Freestyle; Synchronized \$ 18.50/lesson
CutThisEdge@aol.com**Sarah** started skating at the Ice Chalet at age 6 and started teaching in 2000. She passed ISI Freestyle 6 & Dance 10+ as well as USFS Juvenile Free, Pre-Silver Dance & Novice Moves-in-the-Field. Sarah has a B.S. in Figure Skating Science from the Univ. of Delaware and a Masters in Sport Psychology from the Univ. of Tennessee. She is certified as a Gold-Level ISI Judge.

Schedule Private Lessons Directly with the Teacher of Your Choice!
You can read more about our teachers' experience and qualifications on our web site:
www.chaleticerinks.com