

# FREESTYLE PRACTICE & MUSIC RULES

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- **Right-of-Way:** Skaters performing a program to music have the right-of-way. They must wear the brightly-colored vest so others know to move out of the way.
- **Music Box Priority:** Instructors in a lesson may “bump” skaters who are not in a lesson. They will follow the next skater in line if that skater is already wearing a vest and waiting to skate.
- **Limit the Number of Times You Play Music:** Please be considerate of your fellow skaters and your instructors by limiting the number of times you play the same music to no more than twice in the same hour, and less often during a busy session.
- **Earphones are not permitted during regular freestyle practices for safety reasons.** During early bird morning freestyle sessions, earphones are allowed when they do not distract the skater such that they present a danger to other skaters.
- **Skating in a Session Not Intended for Your Level:** Some of our freestyle sessions are designated for certain skill levels, i.e., Sunday 11:15-1:15 and Monday 3:45-5:30 are for skaters who have not yet passed Freestyle 4. Skaters who have passed Freestyle 4 may skate these sessions if there are less than 15 skaters in the session, but they may not practice skills higher than Freestyle 4 unless they are in a lesson, and they may not use the music box unless they are in a lesson. High level footwork is allowed as long as it does not present a danger to other skaters. High level Dance (6 and up) should only be practiced during High Freestyle sessions. The Tuesday afternoon practice is intended for skaters who have passed Delta. The Thursday afternoon practice is intended for skaters who have passed Beta. The levels are listed in the “Skaters’ Guide” brochure.
- **High Pairs and Free Dance:** For safety reasons, skaters working on high level Pair or Free Dance programs (4 or higher) are not allowed to skate the Monday afternoon Freestyle practice. They may skate: (1) the first hour of the Tuesday & Thursday afternoon practices; (2) the Early Bird sessions; (3) Saturdays from 5:30-6:30 a.m.; and (4) Sundays from 6:00-8:30 a.m. by prior arrangement with the manager, assuming these sessions are not crowded.
- **Please exit the ice promptly at the scheduled end time for the session so that we can prepare the ice for the next group of skaters. Do not start a program if you know it will run past the scheduled end time.**
- **Music Choice:** There is no rule preventing skaters from using the same music for their programs, but as a courtesy to your fellow skaters, try to avoid skating to the same music at the same skill levels or in the same competition categories.
- **Friday Team Time:** During the busy competition season, the use of the music box during “team time” is reserved for teams who are in a private lesson.

*We expect every skater to respect and to observe these rules. Thank you for helping us to make these practice sessions fun, productive, and safe for everyone.*