

## PARENT & SKATER CODE OF CONDUCT

The Ice Chalet is committed to ensuring that all skaters have the opportunity to participate in a safe and welcoming environment that is encouraging and promotes their overall development. This includes a standard of behavior that is expected when our team competes out of town as well as at home. The skating world is a small community, and reputations can spread very quickly.

Skating parents, guardians, and skaters will abide by the following code of conduct:



- **I will conduct myself in a responsible manner consistent with the values of fair play, integrity, open communication, and mutual respect.**
- **I will be positive and friendly at every opportunity.** This means to support all skaters and coaches from our rink as well as other rinks. Congratulate fellow competitors and applaud the accomplishments of other teams as well as our own.
- **Doing my best is more important than winning, so I will never feel defeated by the results of a competitive event.** Praise positive accomplishments, even if it's just getting back up from a fall. Learn from mistakes, and always show good sportsmanship. Praise builds self-esteem; jealousy destroys it. I will place the desire to do my best ahead of the desire to win.
- **I will treat all skaters, coaches, parents, rink employees, and skating officials and their property with dignity, courtesy, and respect.**
- **I will encourage my child to skate in a safe and healthy environment.**
- **I will be a positive role model.** Refrain from any behavior or comments that are profane, insulting, harassing, sexist, racist, abusive, disrespectful, or otherwise offensive.
- **I will follow the rules set by the Ice Chalet or the host facility.** Keep the ice facility clean, and always pay for ice time, classes, practices, and private lessons.
- **I will appreciate all volunteers.** There are some people who work really hard to make each skating club and rink work. If at all possible, help when you are asked to volunteer.
- **Parents are asked to focus on parenting, not coaching.** Teaching from the rail may cause unnecessary conflict. Let your coach do the coaching. Trust your coach and/or the team coach to do his or her job. Your team will do their best to provide coaches when needed. At competitions, coaches work as a team because they often need to serve as judges and cannot control individual schedules.
- **I will never encourage another skater to leave his or her existing coach.** Soliciting for any coach is not acceptable. Discuss any intention to change coaches or to add additional coaches with the existing coach first.
- **I will resolve conflicts with other skaters, parents, coaches, and others privately or bring the issue to the attention of the team coach, skating school director, or rink manager.** Don't take part in gossip or spread rumors. Help us build team spirit, not break it down.
- **I will smile when I'm at the rink or at a competition or event!** Be friendly and help those new to figure skating. Make a new friend, and support everyone involved in the sport.