



Larry LaBorde
President & Manager

Figures; Dance; Figures;
Freestyle; Pairs; Synchronized
865-588-1858; cell 865-386-6869
llaborde@bellsouth.net

Larry spent five years touring with *Holiday On Ice*, the U.S. tour that is now called *Disney On Ice*. He holds Master ratings in Group Instruction, Program Administration, and Sports Sciences Medicine, as well as Senior ratings in Dance and Freestyle and Certified ratings in Pairs, all part of the system established by the Professional Skaters Association (PSA). He holds the Registered rating in "Moves in the Field" is rated in Hockey I and II. Larry is a Gold Medalist in Ice Dance in the U.S. Figure Skating system.

Please talk to instructors at least two months ahead of time for competitions or tests!

- ◆ Beginner and intermediate-level skaters who want to compete will also need programs choreographed to music.
- ◆ Freestyle-level skaters must prepare and present a program to music, incorporating all the maneuvers of a particular level in order to pass that level.

Some skaters choose their own music and experiment with choreography, but we strongly recommend asking for help from an instructor (see note on "Music Editing Prices"). There are rules that must be carefully observed, such as duration and moves allowed. Also, the music must be appropriate for the skater's age and skill level, and pacing is important.

How Many Lessons Are Needed?

Programs are usually refined and perfected in private lessons at least once a week over several weeks, and repetition will help the skater do his/her best on "the big day." Younger students often require more practice.

Purchase Private Lesson Coupons at the Counter

Privates are purchased in the form of coupons, which are presented to your instructor at the time of your lesson. Privates consist of a 20-minute lesson and may be conducted during "freestyle" practice sessions or *uncrowded* public sessions, and admission to these sessions must be paid for separately from the private lesson coupons. (Note: For lessons held during public sessions, use of the music box is allowed only with permission of the management.)



Private Lesson Prices

\$21.00 If purchased one at a time
\$19.00 If purchased in a book of 5 (\$ 95.00) 10% Off!
\$18.50 If purchased in a book of 10 (\$ 185.00) 12% Off!

Make arrangements for private lessons with the instructor of your choice!

Note: Any adult (18 years or older) and skaters who have passed Freestyle 5 may take private lessons without being enrolled in classes. Skaters visiting from out of town may take private lessons for a maximum of two weeks.

Ice Time Must Be Paid For Separately

Whether lessons are scheduled during "freestyle" practice times or uncrowded public sessions, skaters must pay for the ice time separately from the private lesson itself. If you purchase the "All You Can Skate" package, all practices and public sessions are included!

Freestyle Practice Prices

(Open to Tots through Delta on certain days -- see "Skater's Guide & Practice Ice" brochure for details.)

\$ 9.00 If purchased in a package, each session usually two (2) hours in length
\$ 11.00 Drop-In

Music Editing Prices

\$ 10.00 for one CD with 1-2 simple cuts.
Note: If extensive editing is required, the cost may be higher.
\$ 1.00 for each additional copy. Students should have at least one back-up copy available. (Pay the teacher directly.)

Cancellations

It is the skater's responsibility to notify the instructor of cancellations at least 24 hours ahead of time so that the instructor can schedule another student for the allotted time.



Private Lessons at the Ice Chalet

Our Instructors

All of our teachers are Professional Members of the international Ice Skating Institute. Each one serves a rigorous apprenticeship in our school before being assigned to classes. Please schedule lessons directly with the teacher of your choice!

Private lessons are available to students enrolled in our group lesson program



Robert Unger
1925-2007

A native of Nuremberg, Germany, Robert Unger was a highly acclaimed skater who won titles in ice and roller skating championships in Europe. He was a featured performer in worldwide productions of *Holiday On Ice* and in European shows for 18 years before making his home in Knoxville in 1963. Also a master-rated teacher, he was a leader in the development of the Ice Skating Institute's recreational skating program.

Ice Chalet
P.O. Box 10668
Knoxville TN 37939
tel 865-588-1858 fax 865-588-7509
icechalet@bellsouth.net
www.chaleticerinks.com
Beside the Shops at Western Plaza

Teachers Currently Available for Private Lessons

(See also Larry LaBorde on reverse)



Julia Hardin

Skating School Director

Basics; Dance; Freestyle; Synchronized skatingfan@mindspring.com

Julia was among Mr. Unger's first students at the Ice Chalet. She earned a law degree, served as associate dean at UT, and directed a national citizenship program. Julia is an ISI gold-level and group-certified judge and is also certified by ISI as a skating instructor at the Core (Tots-Delta) and Intermediate (Freestyle 1-5) levels.



Mary Lu Shipstad

Assistant Skating School Director

Basics; Figures; Dance; Freestyle; Pairs; Synchronized lulusk8r@yahoo.com

Mary Lu has over 15 years of professional show skating experience; she was a principal soloist for *Disney On Ice* and served as show director. She passed USFSA Gold level tests in Figures and Freestyle and Pre-Silver tests in Dance. Mary Lu is also an ISI gold-level and group-certified judge and is also certified by ISI as a skating instructor at the Core (Tots - Delta) and Intermediate (Freestyle 1-5) levels.

B.J. Pelkey Hockey Director

Hockey Skills, Basics, Shooting

Born in Cornwall, Ontario, Canada. BJ moved to Knoxville to further his Pro Hockey career with the Knoxville Icebears. He graduated from Lake Superior State Univ. with a B.S. in Environmental Management. BJ has been a member of the Regular Season Coffey Trophy SPHL Championships and the President's Cup Playoff Championships, and he won the Goodall Cup with the Newcastle Northstars.



Teachers not currently available for private lessons

Dan Baird

Vice President,
Chalet Ice Rinks, Inc.



Hannah Cunningham



April Morgan

Board Member,
Chalet Ice Rinks, Inc.



Theresa-Vay Smith

Board Member,
Chalet Ice Rinks, Inc.



Laurie Valiga

Board Chair,
Chalet Ice Rinks, Inc.

Gina Alexander

Basics; Freestyle; Synchronized

Gina began skating at the Ice Chalet at age 10 and participated in several performances and ISI competitions. She holds a B.A. from UT in Political Science. Gina is excited to be teaching and enjoys introducing her daughter to the fun of ice skating.



Lynne Attaway

Basics; Freestyle

Lynne began taking skating lessons while in college. After raising four children, she returned to skating and progressed in dance, freestyle, and figures. Lynne began teaching in 1999 and is an ISI gold-level judge. She has Masters degrees in City Planning and in Occupational Therapy.

Konstantin Baradakov

Basics; Freestyle; Pairs

kosbaradakov@hotmail.com

Konstantin has extensive training in Figures, Freestyle, Pairs & Ballet, and competed often. Konstantin has a Sports Science & Physiology degree from the Lesgaft College of Sports. An ISI bronze-level certified judge, he toured with St. Petersburg Ballet On Ice and was a principal performer with *Holiday On Ice* & *Disney On Ice*.



Sarah Brown Bauguess

Basics; Dance; Freestyle

Sarah began skating at the age of six at the Ice Chalet. She passed ISI Freestyle 6 and Dance 9 as well as USFSA Juvenile Free, Pre-Silver Dance, and Novice Moves-in-the-Field. Sarah majored in Figure Skating Science at the University of Delaware.

Adam Blake

(Currently touring with *Disney On Ice*)

Basics; Freestyle

Adam is an accomplished freestyle skater, having passed Freestyle 8 in ISI. His passions lie in creative and unusual skating maneuvers. Adam enjoys teaching basics and freestyle. He was a finalist in the Grassroots to Champions Young Artists Showcase Competition for choreographers.



Jennifer Roberts Bradley

Basics; Freestyle

Jenniferb@pcmindtech.com

Jennifer has been skating and teaching for many years. She also toured with Ice Capades and Rosstyn Ice Shows. Jennifer has a B.S. in Business Administration from UT. She and her husband have a new baby girl, Rebecca Addison.

Brandon Cross

Basics; Freestyle

Brandon joined our teaching staff in 2008. He has passed ISI Freestyle 8 and Dance 8 and has performed in numerous Ice Chalet shows and ISI competitions. Brandon is currently a student at the University of Tennessee.



Snigdha Dhar

Basics; Freestyle; Synchronized

Snigdha has participated in many ISI competitions and Nutcracker On Ice shows over the years. Snigdha also teaches dance. She has passed ISI Freestyle 5 and Dance 7 and is an ISI bronze-level and group judge. Snigdha is a student at UT.



Shawnda Ernst

Basics; Couples; Dance; Freestyle

Shawnda served as our Skating School Director for many years and has been teaching at the Ice Chalet since 1990. She earned a graduate degree in Education and teaches at Pond Gap Elementary School. An ISI gold-level judge, she and husband Donnie have two children.

Hannah Foust

Basics; Dance; Freestyle

Hannah began skating at age 12. She has participated in many ISI competitions and Nutcracker On Ice shows. She passed Dance 8 and is working towards passing Dance 10. An ISI bronze-level judge, Hannah has a degree in Bus. Admin & Int'l Business.



Kassandra Hazard

Basics; Dance; Freestyle iluv2icedance@aol.com

Kassandra was a USFS Jr National Championship Bronze Medalist in Dance. She has passed ISI Dance 10 and is an ISI gold-level judge. She earned gold medals in USFS Ice Dance & Moves-in-the-Field. Kassandra also performed with *Disney On Ice*.

Gregory Fuller

Basics; Dance; Freestyle

Gregory has played hockey and figure skated most of his life and managed four different skating rinks. He earned a B.S. in Foreign Service (Georgetown) and is certified in K-3 education; he is also certified as an ISI skating instructor at the Core (Tots-Delta) level.



Mary Beth Massey

Basics; Freestyle rogmey@msn.com

Mary Beth has taught at the Ice Chalet for many years and especially enjoys working with young children.

Angie McCarter

Basics; Dance; Freestyle; Synchronized angiemccarter@comcast.net

Angie has been skating and teaching at the Ice Chalet for more than ten years and has participated in many skating competitions, shows, and seminars. She also toured with *Grease On Ice*. An art teacher for

Knox County, she has a Bachelor's in fine art and a Master's in education. She is an ISI gold-level judge.



Arianna McElyea

Basics; Synchronized skatingcecile@comcast.net

Arianna has been a member of the Ice Chalet family since she was 3. She has competed in many ISI competitions and the annual Nutcracker On Ice show. Arianna has passed Freestyle 4 and Dance 5. She is also an ISI Bronze-level and Group-certified judge.

Michelle Sheppard

Basics; Freestyle; Synchronized bmichellesheppard@gmail.com

Michelle passed ISI tests in Freestyle 6 & Couple 6 as well as Dance and Figures. She skated eight seasons with *Disney On Ice*. Michelle is an architect by profession and Mom to two great sons.



Kate Webb

Basics; Freestyle webb.kathryn.k@gmail.com

Kate started teaching at a very young age. She has participated in many shows and competitions, and is continuing her Dance and Freestyle training. She is an ISI Silver-level judge.